



Tungasuvvingat Inuit

Housing Support Services

Open Monday, Tuesday, Thursday & Friday
1PM-3:30PM

COMMUNITY LUNCHEON March 21

Open Creations Monday and Tuesday 1-3:30pm

Open for all cultural activities provided by the Cultural and Programming Support

Housing Drop In Monday 9:30AM-3:30

Tuesdays (AM)

By Appointments Only.
Contact Susan Gear or Jessica Rygas

Food Security

Weekly Food Security program for Inuit.
Food Bank Volunteers sign up.

9:30AM-12PM

Food Bank 1PM-4PM

Community Kitchen

Thursdays 10 am to 3 pm with exception to
March 21

Housing Support Centre; Monday-Friday

March, 2019

Monday		Tuesday		Wednesday		Thursday		Friday	
25		26		27		28		1	Housing Support/Drop In 1-3:30PM
4	Housing Drop-In 9AM-1PM	5	By Appointment ONLY (AM)	6	Food Bank Volunteer 9AM-12PM	7	Community Kitchen 10AM-3PM	8	Housing Support/Drop In 1-3:30PM
	Open Creations 1-3:30PM		Open Creations 1PM-3:30PM		Food Bank 1-4PM				
11	Housing Drop-In 9AM-1PM	12	By Appointment ONLY (AM)	13	Food Bank Volunteer 9AM-12PM	14	Community Kitchen 10AM-3PM	15	Housing Support/Drop In 1-3:30PM
	Open Creations 1-3:30PM		Open Creations 1PM-3:30PM		Food Bank 1-4PM				
18	Housing Drop-In 9AM-1PM	19	By Appointment ONLY (AM)	20	Food Bank Volunteer 9AM-12PM	21	Community Lunch 12 to 1 pm Assumption Church	22	Housing Support/Drop In 1-3:30PM
	Open Creations 1-3:30PM		Open Creations 1PM-3:30PM		Food Bank 1-4PM				
25	Housing Drop-In 9AM-1PM	26	By Appointment ONLY (AM)	27	Food Bank Volunteer 9AM-12PM	28	Community Kitchen 10AM-3PM	29	Housing Support/Drop In 1-3:30PM
	Open Creations 1-3:30PM		Open Creations 1PM-3:30PM		Food Bank 1-4PM				
Location 297 Savard Avenue Vanier, ON K1L 7S1 p: 613-749-4500 Ext. 22 fax: 613-749-8713		Manager Monika Tochman housing-mgr@tungasuvvingatinuit.ca ext: 25 Cell: 613-816-4405		Staff Susan Gear Crisis Support & Housing Educator hs2@tungasuvvingatinuit.ca ext: 31 613-204-9579		Staff Jessica Rygas Case Worker Housing Support Hs1@tungasuvvingatinuit.ca Ext: 29		Staff Michael Milton Cultural Settlement Worker Hf6@tungasuvvingatinuit.ca EXT: 21	

