



Tungasuvvingat Inuit

### Housing Support Services

**Open Monday, Tuesday, Thursday & Friday  
1PM-3:30PM**

### Open Creations Monday and Tuesday 1-4pm

Open for all cultural activities provided by the Cultural and Programming Support

**Housing Drop In Monday  
9:30AM-12 PM**

### Tuesdays (AM)

By Appointments Only.

Contact Susan Gear or Jessica Rygas

### Food Security

Weekly Food Security program for Inuit.

Food Bank Volunteers sign up.

**9:30AM-12PM**

Food Bank **1PM-4PM**

### Community Kitchen

Open to Community Kitchen participants

10 am-3pm

### Fridays

Closed for mornings

## Housing Support Centre; Monday-Friday

# October, 2018

Monday		Tuesday		Wednesday		Thursday		Friday	
1	Housing Drop-In 9AM-12PM	2	By Appointment ONLY (AM)	3	Food Bank Volunteer 9AM-12PM	4	Community Kitchen 10AM-3PM	5	Housing Support 1-3:30PM
	Open Creations 1-3:30PM		Open Creations 1PM-3:30PM		Food Bank 1-4PM				
8	<b>Closed Thanksgiving Holiday</b>	9	By Appointment ONLY (AM)	10	Food Bank Volunteer 9AM-12PM	11	Community Kitchen 10AM-3PM	12	Housing Support 1-3:30PM
			Open Creations 1PM-3:30PM		Food Bank 1-4PM				
15	Housing Drop-In 9AM-12PM	16	By Appointment ONLY (AM)	17	Food Bank Volunteer 9AM-12PM	18	<b>Community Lunch 12-1PM Assumption Church</b>	19	Housing Support 1-3:30PM
	Open Creations 1-3:30PM		Open Creations 1PM-3:30PM		Food Bank 1-4PM				
22	Housing Drop-In 9AM-12PM	23	By Appointment ONLY (AM)	24	Food Bank Volunteer 9AM-12PM	25	Community Kitchen 10AM-3PM	26	Housing Support 1-3:30PM
	Open Creations 1-3:30PM		Open Creations 1PM-3:30PM		Food Bank 1-4PM				
29	Housing Drop-In 9-12PM	30	By Appointment ONLY (AM)	31	Food Bank Volunteer 9AM-12PM	1		2	
	Open Creations 1-3:30PM		Open Creations 1PM-3:30PM		Food Bank 1-4PM				
		<b>Manager</b> <b>Monika Tochman</b> housing- mgr@tungasuvvingatinuit.ca ext: 25 Cell: 613-816-4405		<b>Staff</b> <b>Susan Gear</b> Crisis Support & Housing Educator hs2@tungasuvvingatinuit.ca ext: 31 613-204-9579		<b>Staff</b> Jessica Rygas Case Worker Housing Support <a href="mailto:Hs1@tungasuvvingatinuit.ca">Hs1@tungasuvvingatinuit.ca</a> Ext: 29		<b>Staff</b> <b>Moses Koonoo</b> Cultural Support Worker EXT: 21	
<b>Location</b> 297 Savard Avenue Vanier, ON K1L 7S1 p: 613-749-4500 Ext. 22 fax : 613-749-8713									

