



Pre/Post Natal and Nutrition program

Are you pregnant?

Do you have child/children 0-18 months of age?

Come join us at 1071 Richmond Road

June 5, 12, and 19

12:00 – 3:00

Light lunch and bus tickets provided

Scale and Doppler available

Looking forward to meeting you and your little one!

Contact: Noodloo Pishuktie

613-749-4500 ext.28